Kingston Interval House is currently accepting applications for:



Volunteer Board Members

Kingston Interval House provides emergency shelter, supportive counselling, outreach services and second stage housing to women, children, and youth who experience violence in the Kingston and surrounding area.

The KIH Board is seeking women to fill vacant board positions. Meeting monthly and participating in committee work, the Board of Directors provides leadership in establishing priorities and direction for KIH services. Board members are asked to commit to approximately ten (10) hours per month and attend monthly board meetings on the second Tuesday of every month at 5:30 pm.

To represent our broader community and Canadian society, we would especially welcome applications from women of diverse backgrounds: Indigenous, racialized, women living with disabilities, immigrant, refugee, as well as women who have used our services.

Please forward a letter of interest outlining your background, skills, and reason for applying along with a resume to the attention of:

Board of Directors – Nominating Committee
By August 26, 2022 at midnight
Email: info@kingstonintervalhouse.com

Interested in finding out more about KIH and our Board of Directors?

Join us for one of two KIH Board Recruitment Information Sessions. Some of our board members will be sharing their experiences, and there will be ample opportunities to ask questions about the role of the board and mandate/mission of Kingston Interval House. These information sessions will be held via Zoom.

Dates: Wednesday August 3, 2022 5:30 to 6:30 pm

Tuesday August 9, 2022 6:30 to 7:30 pm

Please register by emailing info@kingstonintervalhouse.com